



CatCentric

Better lives through better care!

Prey Model Raw (PMR) Cheat Sheet!

Balanced Diet

Vary your meals over 7 days (one week) =

- ❖ 83% meat
- ❖ 7% bone
- ❖ 10% organ (half liver)

Healthy Treats

- ❖ Dehydrated poultry hearts
- ❖ Freeze-dried meats & liver

Counts as meat!

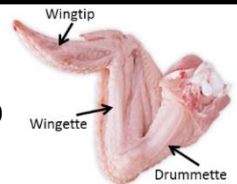
Muscle
Heart
Lungs
Tripe
Gizzards

Counts as organ!

Liver
Kidney
Spleen
Brain
Pancreas

Weekly Bone

One chicken wingtip and wingette, fed 3 times a week. Cut on the joints and between the bones (debone the drummette for a meat meal). Adjust as necessary!



The Scoop on Poop

Hard and White = Too much bone
Soft and Runny = Too little bone
Runny and Stinky = Too much organ

Supplements

(optional)

- ❖ Fish or Krill Oil
- ❖ Probiotics
- ❖ Crickets
- ❖ Freeze Dried Glandulars

Meal Frequency and Amount

- ❖ Minimum 3 meals a day for adults (4 for kittens)
- ❖ Daily amount = 2-4% of the cat's ideal body weight (twice that for kittens)
- ❖ Adjust up or down according to cat's body condition and energy level
- ❖ Treats count towards daily amount