			Wkly in ozs		Mthly (4 weeks) in lbs	
Monday	am	chicken hearts	30	heart (10oz thrice)	7.50	heart
	pm	chicken wings	12	liver (6oz twice)	3.00	liver
	final	rabbit	12	gizzards (6oz twice)	3.00	gizzards
			12	kidney (6oz twice)	3.00	kidney
Tuesday	am	beef	12	breasts (6oz twice)	3.00	breasts w/ribs
	pm	gizzards & liver	20	beef (10oz twice)	5.00	beef
	final	chicken quarter	20	pork (10oz twice)	5.00	pork
		•	20	rabbit (10oz twice)	5.00	rabbit
Wednesday	am	duck hearts	10	chicken wing pcs (10oz once)	2.50	chicken wing pcs
	pm	chicken/rabbit ribs		· · · · · · · · · · · · · · · · · · ·		5 .
	final	turkey leg	24	wings (12oz twice)	6.00	wings
		, 0	15	chicken/rabbit ribs (15oz once)	3.75	breasts w/ribs
Thursday	am	pork		,		
	pm	chicken breast & kidney	16	turkey drumsticks (8oz twice)	4.00	turkey drumsticks
	final	rabbit	16	chicken leg quarters (8oz twice)	4.00	chicken leg quarters
			219	<u> </u>	54.75	
Friday	am	turkey hearts				
	pm	gizzards & liver				
	final	chicken wing drummettes	Fri	one sardine each		
		3	Sat	two dozen crickets, shared		
Saturday	am	beef	Sun	egg whites / yolks, alternated		
	pm	chicken wings		, , ,		
	final	chicken quarter				
Sunday	am	pork				
	pm	chicken breast & kidney				
	final	turkey leg				